

# YOUNG ADULT WOMEN OF THE CENTRAL REGION

JANUARY/FEBRUARY 2009 E-NEWSLETTER

## HEART TO HEART



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Young Adult Women Ministries Associate, ABC/Central Region  
I'm available to speak with your women's group—send me a note!

### ABWMinistries Mission Statement

In commitment to Jesus Christ as Lord and Savior and to the mission of the church, and through the enabling of the Holy Spirit, American Baptist Women's Ministries

- provides opportunities for each woman and girl
- to become and develop as God's person,
- build God's faith community, and
- serve God's world.

### Bible Book for the Month of January

#### ROMANS

"Phoebe, a dear Christian woman from the town of Cenchreae, will be coming to see you soon. She has worked hard in the church there. Receive her as your sister in the Lord, giving her a warm Christian welcome. Help her in every way you can, for she has helped many in their needs, including me."

—Romans 16:1-3

### "ON THE EDGE" WITH THE NEW YEAR

Wow! November and December flew by so fast that I believe my hair is still waving in the wind. I do remember a day of lots of eating and stopping to say "Thank you" to God and to those I love. I also remember taking an evening and lovingly decorating my tree. I love to take the time to enjoy each ornament as I unwrap them. Each has a memory or special reason to be on my tree. This year, since the weather was warm one Saturday, I put up the outside lights (only on the porch and in the yard). I am not as adventurous as I used to be. I then stood by the street to admire my work. I looked up and down my street and saw my neighbors' lights and pause to remember that Jesus is the true light of the world.

There were new happenings during my holidays this year. My father remarried and we welcomed his lovely wife to our family traditions on Thanksgiving and Christmas. This is the first year in so

many that I can't remember that I did not sing in the church choir for Christmas services. I sat in the congregation and quietly took in the decorations and the angelic rejoicing of the music and the message. Christmas morning I had a quiet moment of my own with a cup of tea and a cinnamon roll and thanked God for the greatest gift of all—Jesus. My daughter arrived and we opened our gifts and shared together before going to be with the rest of the family.

The New Year rang in and I stepped outside and whirled my noise maker and toasted in the New Year with my cup of sparkling grape juice. A friend told me I was such a party animal; but, that was the way I wanted it. I needed the fast track to stop so that I ponder the new year. I was reminded of the many times things were new in the scriptures—new song, new name, new wine, new bottle, new moon, new garment, new king, new house, new sword, new cart.

But, the ultimate is found in Rev. 21 where the earth is newly created. *The Message* translation says that God moves into the neighborhood and makes his home with humankind and gone are death, tears, crying and pain. And then the words of "Look! I'm making everything new..." King James uses the word "Behold!" What an awesome word! May you truly stop, listen and "Behold!" all that God has for you this New Year. Blessings!

*Janet*

Save the Dates  
NOW  
for the Summer ABWM  
Conference at  
Cross Wind  
Conference Center  
June 5-6, 2009  
Special Conference  
Speaker  
Varied Workshops to  
Attend  
Very Affordable!  
\*\* Watch for Details \*\*

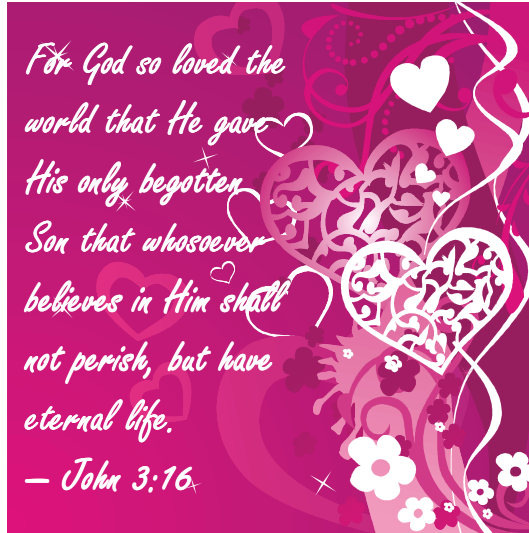
**BOOK REVIEW—"?????????????????"**  
**\*\*\* TELL ME ABOUT WHAT YOU ARE READING \*\*\***

**Bible Dictionary**

**Atonement:** to cover or cancel. A satisfactory reparation for an offense or injury; that which produces reconciliation (Exod. 30:16). In the Bible it means the covering of human sins through the shedding of blood; in the Old Testament, the blood of sacrificed animals; in the New Testament, the blood of humankind's Redeemer, Jesus Christ.

**Day of Atonement:** A Hebrew festival, instituted by Moses, and held on the 10th day of the 7th month, involving abstinence from labor, fasting, penitence and sacrifice for sin. The day marking the only entry of the high priest into the Holy of Holies (Lev. 16).

Compact Bible Dictionary, Zondervan Pub.



**Helpful Tips and Solutions**

Post-wax redness? When finished with your brow wax, put three squirts of eye-drops on your finger and smooth over the irritated area. The tetrahydrozoline constricts capillaries, making redness disappear. Show off those groomed eyebrows without worry.

Slipping shirts? Use rubber bands to wrap around the ends of your hangers. The shirts stay put.

Mirrors Fogging Up? After showering squirt a dab of shaving cream onto a paper towel and rub it over the glass. Wipe with a dry cloth. This makes it difficult for beads to stick to your fog-free mirror.

Toilet Ring Build-up? Drop in a denture tablet once a month and let it sit overnight and then flush. You will have a gleaming bowl without the work!

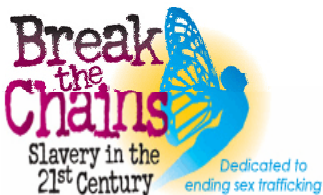
"Smart Solutions", *First for Women* magazine, Barnes & Noble, Inc., New York, 2006.

**IDEAS FOR YOUR GROUP**

E-mail me the ideas that have worked in your group. Through sharing we can help each other grow!

**Team Being Gathered to Decide Expenditure of \$1,000**

In the last newsletter I told you about receiving a \$1,000 grant to help jump start Young Adult Women's programming in our Region. I am putting together a team of young women to discuss and decide the best way to spend this money. If you or someone you know would want to be included in this team, let me know ASAP. I would like representation from across the state. Most of our meetings will be through e-mail or web chats. [jlcrowl@cox.net](mailto:jlcrowl@cox.net)



**Share-How You Are Helping Raise Funds!**

Funding received during the second year of the Break the Chains Project (July 2008 through June 2009) will help the following ministries:

- NightLight USA, a ministry based in Los Angeles, California will again receive Break the Chains funding to train community members to help human trafficking victims and to organize and mobilize volunteers to do street outreach to potential victims.
- Peoria Friendship House of Christian Service in Peoria, Illinois, will again receive Break the Chains funding to empower more Hispanic immigrant women to earn a respectable income through its cottage industry crafting "Matthew 25" scripture-based charm bracelets, and to expand marketing efforts for the bracelets.

**Bible Book for the Month of February**

**JOEL**

Fear not, my people; be glad now and rejoice, for he has done amazing things for you. - Let the flocks and herds forget their hunger; the pastures will turn green again. The trees will bear their fruit; the fig trees and grape vines will flourish once more. - Joel 2:21-22

**American Baptist Women Ministries**  
[abwministries.org](http://abwministries.org)