

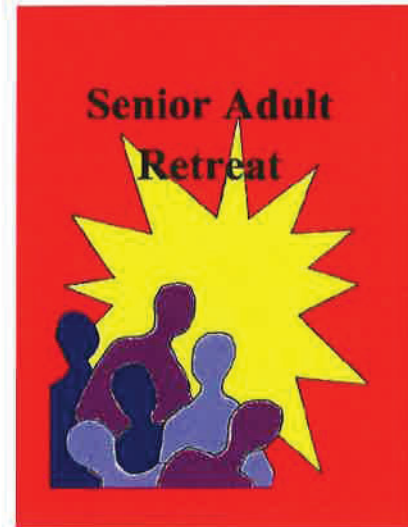
What is the Sr. Adult Retreat?

A two-day event that brings together those 50+ adults for relaxation, fellowship, entertainment and learning. Whether you stay the night or just come for a day, there is an abundance of great food, times for learning and sharing, plenty of opportunity for those very friendly board games or puzzles and just plain old sitting and visiting.

Why should we have something for Sr. Adults?

Statistics help to put this in perspective:

- 34% of all Americans are 50 years of age or older.
- Every 7 seconds another person turns 50!
- People age - 65 plus - number over 35 million representing one out of every 8 Americans.
- The number of older Americans (65+) has increased to 12.4% since 1990 (3.3 million). This number is expected to grow to 20% by 2030
- In the U.S., 2 million people celebrated their 65th birthday last year ... almost 5,500 per day.
- As of July 1983, there are more adults age 65 or older than teenagers in the United States.
- This growing number of senior adults is living longer than ever before. More than two hundred Americans reach age 100 each week.



What activities Can We Expect?

Group Singing
Choir and Bell Choirs
Great Preaching and Teaching of the Word
Interest Groups with varied topics
Christian Fellowship
Nature Trails and Prayer Walks
Games and Puzzles
Times of Prayer and Reflection
Make New Friends and Fellowship with Old Friends

How Do I Participate?

Registration forms are available through the ABCCR website www.abccr.org, through the Central Region Life and Focus packets received by your local church and at the Region Annual Gathering.